

Tunstall Healthcare
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Press Release



For Immediate Release

Title: World Health Day 7-11 April 2010

This World Health Day, 7-11 April, “1000 Cities, 1000 Lives” encourages people to celebrate health in their city and to collect stories about health champions who have had a significant impact on health in their city.

Tunstall Healthcare, the world’s leading provider of telehealthcare has championed telehealth in many nations and is currently working to introduce telehealth into Australia.

Telehealth allows a patient living with chronic illness to deal with their condition from the comfort of their own home, reducing the need to visit doctors on such a regular basis.

A telehealth monitor is installed in the patient’s home and encourages them to take their vital signs and answer a series of personal health related questions on a regular basis.

Once the data is collected it is transmitted to a secure monitoring centre where it is reviewed by a triage nurse.

If a patient’s reading is outside of the desired level set by their doctors, it is passed on to their doctors for action.

This allows doctors to immediately see any abnormalities, and assists patients to understand their condition and identify the signs and feelings associated with a decline in health.

Doctors are also provided with the patient’s ongoing trend data, allowing them to see the pattern of their condition and to effectively prescribe medication to assist.

Tunstall has trialled and implemented telehealth in councils throughout the UK using their telehealth unit, the RTX 3370 and 3371, with patients and nurses reporting great success and acceptance of the system.

Catering to Australia’s changing communication channels and the remote community, the Tunstall RTX3370 uses the traditional land line telephone whilst the RTX3371 uses the mobile network (GSM).

At a preset time each day, the RTX monitor reminds the patient to take their vital signs, visually and audibly prompting them through the process.

The RTX then asks a series of health related questions, intelligently asking additional questions based on the answer provided.

In Australia, Tunstall is currently undertaking the TLC Project, where telehealth is being trialled with patients in Ipswich Qld.

The TLC Project is an 18 month long pilot that will use telehealth to monitor and manage patients living with chronic disease, from the comfort of their own home. Provided and supported by local community group Ipswich Community Aid and Tunstall Healthcare, the project aims to demonstrate that telehealth can shift the focus of care out of the hospital and into the home.

Throughout the world telehealth is being recognised as a way of effectively treating people living with chronic illness, while still allowing them to maintain their independence and monitor their vital signs in their own home.

To find out more about World Health day visit <http://www.who.int/world-health-day/2010/en/index.html>

To find out more about Tunstall telehealth visit www.tunstallhealthcare.com.au or call 1800 611 528.

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If you require any additional information or images please contact Lauren Tucker, Marketing Coordinator 07 3637 2200, lauren.tucker@tunstallap.com
For more product information, case studies and latest news visit tunstallhealthcare.com.au

About Tunstall Healthcare

With over 2.5 million users globally, Tunstall is the market leading provider of telecare and telehealth solutions. Across Australia Tunstall's solutions support older people and those with long term needs to live independently, by effectively managing their health and wellbeing. Tunstall provides technology, expertise and advice to millions of people enabling them to lead independent more fulfilling lives. For more information on how telecare and telehealth can improve quality of life, visit www.tunstallhealthcare.com.au